## C&A: consultancy, therapy, workshops.

## WORKING CREATIVELY WITH CLIENTS- an introduction.

When words aren't quite enough, when clients are stuck, when something more is needed,

the imagination is a gateway to other ways of talking.

There are other reasons to use active therapeutic modes in your practice: If you are engaged in time-limited work; if you are working with children; if the focus of the work is on the past; if activating your client's creative capacity will move the work to a deeper level.



This workshop offers the opportunity to engage in different ways of working. We will explore the use of the following:

The empty chair.
For talking to aspects of yourself and others.



Drama and movement in therapy.

Looking at your roles and how you move.



Family constellations using stones and shells and objects (and bodies).

The relationships in your life, come to life.

Time-lines and movement.

Reconstructing the past, looking at the present, imagining the future.

Future workshops will develop these themes and introduce other creative ways of working.



Trainers: Chris Wise, MA and Amanda Hardeman have been teaching and devising workshops for more than twenty years and they ran level 4 diploma courses at a regional college for many years.

They have both worked in various settings as therapists, supervisors and consultants and bring a depth of knowledge and a creative flair about how to work with clients and others who consult them.

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Venue: All Saints, Hartford, Huntingdon, Cambs. PE29 1YF

Cost £70. Includes tea/coffee and biscuits. Bring your own lunch.

Date: Saturday 15 September 2018.