



Bridging Creative Therapies Consultancy

Family Life in the Therapeutic Space: Loving and hating, growing and leaving

A 42 hours CPD series of 6 workshops. 2019 - 2020 Accredited by PTUK



**Do you wish to expand your clinical practice to incorporate a broader and deeper working knowledge of family work in the therapeutic space when working with children, adolescents and adults?
Are you wondering how this could be achieved by incorporating active therapeutic modes principally clay and movement?**

Perhaps this series of workshops could open up new horizons for you both personally and professionally.

The Course aims to assimilate and integrate insights into working as a therapist with the frustrations, vicissitudes and passions of life in the family.

Individual workshop fee £95. Venue: Yelling, Cambridgeshire, PE19 6SB

Part 1

Workshop 1 - Saturday 9th February 2019 - Families and home - where is home located?

Workshop 2 - Saturday 11th May 2019 - Me, mum and dad - looking for the one and only

Workshop 3 - Saturday 19th October 2019 - Me and my siblings - rivalry and envy

Part 2-Final dates to be announced in September 2019

Workshop 4 - Saturday February 2020 - Childhood - the enigma of the child

Workshop 5 - Saturday May 2020 -Dads. Whose dad? Who's dad? What does it mean to be a dad?

Workshop 6 - Saturday October 2020 – Mums. Being a mother. Being a woman

This PTUK accredited advanced level practitioner certificate is gained by attending the series of six workshops (42 hours). These one day workshops are offered over a two year period through 2019 and 2020

Object-relations and Jungian theoretical aspects underpin this series of creative experiential days helping practitioners to apply enhanced insights. We all carry unconsciously the memories of our first relationships. If things went well for us then we develop an understanding of relationships that are always fraught with insecurity, jealousy and hatred alongside those better responses of love, loyalty and attachment. If things went less well for us we are beset with difficulties and often feel less able to cope with the cross-currents of life. The first workshop helps us to look at our internal navigation systems. This helps with locating where we are in our adult relationships, including those in the therapy room

The trainers are Dr. Lynne Souter-Anderson and Chris Wise, MA, who have sixteen years' experience of co-delivering training where a facilitating female and male couple provide an invigorating and thought-provoking presence.

Trainers, Dr Lynne Souter-Anderson & Chris Wise, MA

Lynne is a Fellow of the National Counselling Society, accredited senior supervisor with PTUK and registered sandplay therapist with the AST. She is the founder of the Clay Therapy Community, 2012 establishing pioneering clay therapy training in the United Kingdom. Lynne's private practice is in Cambridgeshire, where she offers psychotherapy for children, adolescents, adults, couples and families, clinical supervision and consultancy work. Her expertise in the field of the creative arts in therapy and clay therapy is acknowledged through invitations to present training and conference workshops across the globe. Publications:

Touching Clay, Touching What? The Use of Clay in Therapy (2010) and Making Meaning: Clay Therapy with Children and Adolescents (2015).

Chris is a psychotherapist, a supervisor, a trainer and consultant in the public, private and voluntary sectors. He lives and works in Bedfordshire. He works as a therapist primarily with children and young people and supervises play therapists. He is an approved supervisor with PTUK. He runs process groups for an independent trainer. Chris is developing a system of working called *Soma Stories* which is an integration of movement, creativity, drama and reflective practice. This supports his belief in the importance of the body in psychotherapy and using psychodynamic principles to think about this integration. He also believes in the wider involvement of therapists in cultural and political issues.

An application form can be downloaded from www.bctconsultancy.co.uk
or telephone: 07510 684205